

Neurodivergent Education for Students, Teaching & Learning (NESTL) Toolkit

Key Resource 8 -----Further Resources



Further Resources

A note on ableism, transphobia, and underrepresented voices

▶ ▶ Before you peruse the following list of resources, we want to affirm our solidarity with the trans community and assert the trans-inclusive politics of our team. Transphobia is rife within the academy, particularly in the UK, and it is our responsibility as critical scholars to identify and reject attacks against the trans community. Ableism and transphobia are interlinked oppressions that must be challenged and dismantled, especially as the academic known for popularising the term 'neurodiversity' has openly expressed transphobic views. Recent research has posited that the concept of neurodiversity was developed collectively (see Botha et al., 2024). Instead, we invite you to read trans and non-binary disabled scholars and activists cited below, including works by Walker, Chapman, Botha, Tan, Devon Price, Prahlad, Yergeau, Sins Invalid, and Smilges. We encourage you to critically examine these intersections as we continue to grow and work towards transformative justice for all.

E We acknowledge that, despite our conscious efforts to invite and learn from as wide a range of perspectives as possible, the diverse composition of our team, advisory board, and workshop and interview participants, there are still gaps in our knowledge. This sits against the broader context in the academic fields of neurodiversity studies and disability studies, where racialised, queer, and trans voices have historically been unheard, marginalised, or ignored.

We have cited scholars, creatives, and activists of colour, many of whom work specifically on queer-of-colour and crip-of-colour theories in our references, and we encourage you to consult their scholarship in your learning. These scholars include Leah Lakshmi Piepzna-Samarasinha, Sami Schalk, Anand Prahlad, Kala Allen Omeiza, Shayda Kafai, the members of Sins Invalid, and Kai Syng Tan.

Book Recommendations Format: Author, Title, Year, Publisher

Further Readings

Teaching & Pedagogy

- Ada Hubrig & Anna Barritt. (2024). "Cripping Writing Processes: Composing (Neuro)divergently." In A. Cicchino & T. Hicks (Eds.), *Better Practices: Exploring the Teaching of Writing in Online and Hybrid Spaces.* The WAC Clearinghouse, University Press of Colorado.
- Ai Binh T. Ho, Stephanie L. Kerschbaum, Rebecca Sanchez, and Remi Yergeau. Cripping Neutrality: Student Resistance, Pedagogical Audiences, and Teachers' Accommodations. In *Pedagogy: Critical Approaches to Teaching Literature, Language, Composition, and Culture*. 2020, 20(1), 127-139.
- Dan Goodley. <u>Depathologising the University</u>. In *Pedagogy, Culture* & Society. 2024, 1-18.
- Jay T. Dolmage. *Academic Ableism: Disability and Higher Education.* 2017, University of Michigan Press.
- Laura Seymour, *Shakespeare and Neurodiversity.* 2024, Cambridge University Press (Elements in Shakespeare and Pedagogy).
- Margaret Price, *Crip Spacetime: Access, Failure, and Accountability in Academic Life.* 2024. Duke University Press.
- Margaret Price, *Mad at School: Rhetorics of Mental Disability and Academic Life.* 2011. University of Michigan Press.
- Nicole Brown, Jennifer Leigh (Eds). <u>Ableism in Academia</u>. 2020, UCL Press.
- Nicole Brown. *Lived Experiences of Ableism in Academia: Strategies for Inclusion in Higher Education.* 2021, Bristol University Press.
- Sophie Philips, *The Autistic Postgraduate Woman: Navigating the Neurotypical University*. 2024. Pavilion Press.
- Lori Wischnewsky, 'Reframing the Narrative: Stories From Adult-Diagnosed Autistic and ADHD Women in Postsecondary Education' (PhD Thesis, Texas State University, 2024) <u>Reframing the Narrative:</u> <u>Stories from Adult-Diagnosed Autistic and ADHD Women in</u> <u>Postsecondary Education</u>
- Lori Wischnewsky et al, 'What Every Educator Needs to Know About Neurodivergence', *NOSS Practitioner to Practitioner* 2023, pp. 9-13.



- <u>ADHD Babes</u>, a support group for Black women & Black nonbinary people of colour of African-Caribbean descent with ADHD
- <u>ADHD women, Intersectional Agency, Phenomenological</u>
 <u>Conversations, ADHD Pedagogy Dr Dyi Dieuwertje Huijg</u>
- Charlotte Mia and Jess Joy. *How Not to Fit In: An Unapologetic Guide to Navigating Autism and ADHD.* 2024, HarperCollins.
- <u>Co-constructing ADHD Pedagogy | Dr Dyi Dieuwertje Huijg</u>
- Laura Basten, The Codex Is Always On Crip Time: ADHD(Ness) and Reading, *Reception* 15 (2023), pp. 89-99
- René Brooks, Black Girl Lost Keys blog <u>Black Girl, Lost Keys -</u> <u>Living as a Black Woman with ADHD</u>

📖 Autism

- Anand Prahlad, *The Secret Life of a Black Aspie: A Memoir*. 2017. Alaska University Press.
- Anna Stenning, *Narrating the Many Autisms: Identity, Agency, Mattering*. 2024, Routledge.
- Anna Stenning, The Creativity of Autistic Students in the Arts and Humanities, <u>The Creativity of Autistic Students in the Arts and</u> <u>Humanities – the polyphony</u>
- Anna Stenning. <u>Remembering what really matters: Nature, culture, and</u> <u>autism</u>. 2021, University of Leeds.
- Barb Cook and Michelle Garnett (Eds). *Spectrum Women: Walking to the Beat of Autism.* Jessica Kingsley Publishers.
- Catherine Tan. Spaces on the Spectrum: How Autism Movements Resists Experts and Create Knowledge. 2024, Columbia University Press.
- Devon Price. Unmasking Autism: The Power of Embracing Our Hidden Neurodiversity. 2022, Monoray.
- Devon Price. Unmasking for Life: A Guide to Embracing your Autism in a Neurotypical World. 2025, Octopus Publishing Group.
- Hannah Belcher, *Taking Off the Mask.* 2022. Jessica Kingsley Publishers.
- Helen Jeffries. <u>Autistic Civil Servant: Being an autistic professional in the</u> <u>civil service</u>. 2025, Wordpress Blog.

- Joanne Limburg. *Letters to My Weird Sisters: On Autism, Feminism and Motherhood*. 2022, Atlantic Books.
- Julia Miele Rodas and Diana Rebekkah Paulin. 2021. 'Black Autism', In *CLA Journal*, Vol. 64, No. 1, *SPECIAL ISSUE: Blackness and Disability: This. Is. The. Remix. or I Thought I Told You That We Won't Stop.*
- Kala Allen Omeiza. Autistic and Black. 2024, Jessica Kingsley Publishers.
- Laura Kate Dale. Uncomfortable Labels: My Life as a Gay Autistic Trans Woman. 2019, Jessica Kingsley Publishers.
- Lizzie Huxley-Jones. Stim: An Autistic Anthology. 2020, Unbound.
- Monique Botha. 2022. Community psychology as reparations for violence in the construction of autism knowledge. In D. Milton, & S. Ryan (Eds.), *The Routledge International Handbook of Critical Autism Studies*. Routledge. <u>https://doi.org/10.4324/9781003056577-8</u>
- Monique Botha and Kristen Gillespie-Lynch. 2022. Come as You Are: Examining Autistic Identity Development and the Neurodiversity Movement through an Intersectional Lens. *Human Development*, 66(2): 93–112. <u>https://doi.org/10.1159/000524123</u>
- M. Remi Yergeau. *Authoring Autism: On Rhetoric and Neurological Queerness.* 2017, Duke University Press.
- Pete Wharmby. *What I Want to Talk About*. 2023, Jessica Kingsley Publishers.
- Sonya Freeman Loftis. *Imagining Autism: Fiction and Stereotypes on the Spectrum.* 2015, Indiana University Press.

💷 Dyspraxia

Rosemary Richings. *Stumbling Through Space Time: Living with Dyspraxia.* 2022, Jessica Kingsley Publishers.

💷 Dyslexia

- Becks Turner's Melonade theatrical gameshow
- Bodleian Libraries <u>Accessible Resources Unit</u> (ARACU)
- British Dyslexia Association
- Dyslexia at Oxford. <u>https://torch.ox.ac.uk/dyslexia-at-oxford</u>
- Dyslexia-friendly style guide

- Kelly Sandman-Hurley. The Adult Side of Dyslexia. 2021, Jessica Kingsley Publishers.
- Petronilla Whitfield, *Teaching Strategies for Neurodiversity* and Dyslexia in Actor Training. 2020, Routledge.
- Teaching for Neurodiversity

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- Lily Bailey. Because We Are Bad. 2016. Canbury Press.
- Melissa Boyle. *Geek Magnifique: Finding the Logic in My OCD*. 2018. Trigger Press.
- Reid Wilson. Stopping the Noise in Your Head. 2016. Ebury.
- Sally Winston and Martin Seif. Needing to Know For Sure: A CBT Based Guide to Overcoming Compulsive Checking and Reassurance Seeking. 2019. New Harbinger.
- <u>Beyondocd.org</u>
- The OCD Stories Podcast <u>home The OCD Stories</u>

General Neurodiversity & Disability – Academic Literature

- Alison Kafer. Feminist, Queer, Crip. 2013, Indiana University Press.
- C. F. Goodey. A History of Intelligence and 'Intellectual Disability': The Shaping of Psychology in Early Modern Europe. 2014, Routledge.
- Tomoya Hirota, Keun-Ah Cheon, and Meng-Chuan Lai. 2024.
 Neurodiversity Paradigms and their Development Across Cultures: Some Reflections in East Asian Contexts. *Autism* 28(11), pp. 2685-2689.
- Gemma Williams. Understanding Others in a Neurodiverse World: A Radical Perspective on Communication and Shared Meaning. 2024, Pavillion.
- Hannah Bertilsdotter Rosqvist, Nick Chown, Anna Stenning (Eds).
 Neurodiversity Studies: A New Critical Paradigm. 2020, Routledge.
- J. Logan Smilges. Crip Negativity. 2023, University of Minnesota Press.
- J. Logan Smilges. *Queer Silence: On Disability and Rhetorical Absence.* 2022, University of Minnesota Press.

- J Logan Smilges and Slava Greenberg, eds. 2025. Towards a Trans[]Crip Theory, special issue of Transgender Studies Quarterly 12(2).
- Jenny Bergenmar, Louise Creechan, Anna Stenning (Eds). Critical Neurodiversity Studies: Divergent Textualities in Literature and Culture. 2025, Bloomsbury.
- John T. Ward (Eds). Indigenous Disability Studies. 2025, Routledge.
- Kai Syng Tan. *Neuro-Futurism and Re-Imagining Leadership.* 2024, Palgrave Macmillan.
- Katie Ellis, Rosemarie Garland-Thomson, Mike Kent, Rachel Robertson (Eds). *Manifestos for the Future of Critical Disability Studies, Volume 1.* 2018, Routledge.
- Matthew J. Wolf-Meyer, *Unraveling: Remaking Personhood in a Neurodiverse Age.* 2020, University of Minnesota Press.
- Monique Botha, Robert Chapman, Morénike Giwa Onaiwu, Steven K. Kapp, Abs Stannard Ashley and Nick Walker. (2024). The neurodiversity concept was developed collectively: An overdue correction on the origins of neurodiversity theory. *Autism*, 28(6), 1591-1594. <u>https://doi.org/10.1177/13623613241237871</u>
- Nick Walker, Neuroqueer Heresies: Notes on the Neurodiversity Paradigm, Autistic Empowerment, and Postnormal Possibilities. 2021, Autonomous Press.
- Sami Schalk. *Black Disability Politics*. 2022, Duke University Press.
 [Open Access]
- Vishnu KK Nair, Warda Farah, and Mildred Boveda. 2024. Is neurodiversity a Global Northern White paradigm? *Autism*, 0(0). <u>https://doi.org/10.1177/13623613241280835</u>
- V. Jo Hsu. 2022. Irreducible Damage: The Affective Drift of Race, Gender, and Disability in Anti-Trans Rhetorics. *Rhetoric Society Quarterly*, *52*(1), 62–77.

https://doi.org/10.1080/02773945.2021.1990381

General Neurodiversity & Disability – – Non-Academic Publications

 Abs Stannard Ashley. 12 April 2024. "The Cass Review's final report: The implications at the intersection of trans and neurodivergence." *Neurodiverse Connection*. <u>https://ndconnection.co.uk/blog/cass-report</u>

- Chloé Hayden. Different, Not Less: A neurodivergent's guide to embracing your true self and finding your happily ever after. 2023, Murdoch Books.
- Ellie Middleton. Unmasked: The Ultimate Guide to ADHD, Autism, and Neurodivergence. 2023, Penguin Life.
- Hannah Gadsby. Ten Steps to Nanette: A Memoir Situation. 2022, Allen
 & Unwin.
- Jenara Nerenberg. *Divergent Mind: Thriving in a World That Wasn't Designed for You.* 2021, HarperCollins.
- Leah Lakshmi Piepzna-Samarasinha. *Care Work: Dreaming Disability Justice.* 2018, Arsenal Pulp Press.
- Leah Lakshmi Piepzna-Samarasinha. *The Future is Disabled: Prophecies, Love Notes and Mourning Songs.* 2022, Arsenal Pulp Press.
- Mia Mingus. Leaving Evidence blog.
- Neurodiversity at Oxford. 2022. <u>Sunglasses on Bright Days: Stories from</u> <u>Oxford University's Neurodiverse Community</u>.
- Neurodiversity Connection Journal. <u>https://ndconnection.co.uk/blog</u>
- Robert Chapman. *Empire of Normality: Neurodiversity and Capitalism.* 2023, Pluto Press.
- Sins Invalid. *Skin, Tooth, and Bone: The Basis of Movement is Our People A Disability Justice Primer.* 2019.
- Shayda Kafai. Crip Kinship: The Disability Justice & Art Activism of Sins Invalid. 2022, Arsenal Pulp Press.

Zines

- Anon, 'You Don't Need a Psychiatrist To Tell You You're Autistic' (2023)
- Jas Osborne (Batmoons) 'Burnt Out: How To Cope With Autistic Burnout' (2018)
- Jesbian, 'Goldpanning for Brain Matter', issues 1-2 and accompanying mini zines (2015)
- Lex Kartanë, 'Random Thoughts About Stimming' (2019)
- Mad Zines project: <u>Mad Zine Research Crafting Contention about</u> <u>Mental Health</u>

Creative Projects on Neurodivergence

- NESTL YouTube Playlist of neurodivergence-inspiring songs, compiled by Dr Cressida Ryan
- Dolly Sen <u>Dolly Sen spanking reality arse since 2000</u>
- Hamja Ahsan <u>Hamja Ahsan</u>
- Jess Thom, Touretteshero <u>About Touretteshero | Touretteshero</u>
- Kai Syng Tan <u>HI I'M KAI ARTFUL AGITATION</u>
- Mahlia Amatina Mahlia Amatina | Neurodivergent Artist
- Make Melonade Podcast by Becks Turner
- Sins Invalid disability justice movement & performance art project
- Syrus Marcus Ware <u>Performance</u>. <u>Disability</u>. <u>Art.</u>: <u>Public Celebrations of</u> <u>Love</u>, <u>Creativity</u>, <u>and Disability</u>
- <u>The Neurodivergent Birth Podcast</u> exploring neurodivergent experiences of pregnancy, birth, and the postnatal period
- <u>The Late Discovered Club Podcast</u> sharing the stories of late discovered/diagnosed autistic women and marginalised groups

Resources for Neurodivergent Educators

- Asterion: Celebrating Neurodiversity in Classics Dr Cora Beth Fraser
- Bristol Institute for Learning and Teaching: Case Studies and Blog Posts on Inclusivity – e.g. <u>Case study: Neuroinclusive teaching, learning and</u> <u>assessment – Bristol Institute for Learning and Teaching Blog</u>
- DAS Assistive Technology for libraries and shared study spaces
- Easy Read Training UK
- <u>Neurodiversifying the Academy</u> (Wellcome Fund Early Career Award Project) led by Dr Louise Creechan
- Oxford Academic & Student Support <u>Accessible communication</u>
- Oxford Centre for Teaching and Learning <u>Accessible teaching and</u> <u>learning resources</u>
- Oxford <u>MPLS Neuro-inclusive Guidance</u>
- TORCH Oxford <u>Neurodiversity Research Network</u>
- UCL <u>Supporting neurodiversity in education</u>
- WAARC: A Wellcome Trust Institutional Funding for Research Culture
 Award | iHuman | The University of Sheffield
- Warwick University Neurodiversity Toolkit and Student Experience

For more detailed guidance, examples, activities, and case studies, see the full <u>NESTL toolkit</u>.

